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**REVISED, as of 6/1/09**

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THREE WEEK CYCLE LUNCHEON MENU 5768-5769 2008-2009 MENU SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Veggie burger on bun American cheese  French fries	Grilled free range chicken cutlets  Mashed potatoes	Roasted free range chicken legs and drumsticks  Orzo	Baked ziti and plain pasta alternative  Soup of the day
Grilled cheese  Soup of the day	Sliced deli sandwiches of the day  Potato latkes or knishes  Pickles	Turkey sloppy Joes with taco shell  Egg noodles	Pizza squares  Broccoli  Baby corn
Baked fish sticks made with canola oil  Rice	Nitrate free hot dog on bun  Sauerkraut  Potato blintzes	Meatballs and spaghetti  Green beans	Falafel Tahina Pita bread Cabbage salad  Soup of the day

**EVERY FRIDAY :**

- Fresh bagels with choice of cream cheese, tuna, egg salad, jelly, American cheese, fresh vegetable, fruit and chips ALTERNATING with Baked potato bar with fresh tomatoes, beans, cheese and broccoli

**AVAILABLE IN ADDITION TO HOT LUNCH, MONDAY THRU THURSDAY:**

- Lettuce greens and choice dressings & fresh sliced vegetable of the day: may include carrots, tomatoes, cucumbers, peppers, radish and fresh sprouts
- Whole wheat or enriched white bread and/or rye bread
- Tuna fish salad or egg salad or cream cheese on alternating days
- Dessert of the day: seasonal availability may include apples, pears, bananas, oranges, all subject to seasonal availability, canned fruit, jello or pudding
- Apple juice on meat days

NO PEANUT PRODUCTS ARE USED IN ANY FOOD